



Track & Field Day

Friday, May 10th 9:00am- 2:30pm

All students must wear socks and tennis shoes. NO FLIP FLOPS OR SANDALS!! Be sure to bring a lunch if you didn't order one from the school, and some money for the concession stand if you wish and don't forget your sunscreen. Parents, please help keep the center of the track clear by remaining in the stands.

CONSESSION STAND WILL BE OPEN!!

Running Events 9:00 am

400 Meter Run	4 th girls, 4 th boys, 5 th girls, 5 th boys
55 Meter Dash	Pre-K, K, 1 st , 2 nd , 3 rd , 4 th girls, 4 th boys, 5 th girls, 5 th boys
200 Meter Dash	4 th girls, 4 th boys, 5 th girls, 5 th boys
100 Meter Dash	Pre-K, K, 1 st , 2 nd , 3 rd , 4 th girls, 4 th boys, 5 th girls, 5 th boys
*Pre-K & Kindergarten long jump and softball throw will follow the 100 Meter Dash.	
600 Meter Dash	4 th girls, 4 th boys
800 Meter Dash	5 th girls, 5 th boys

AM-Field Events (4th & 5th only) will begin at 9:30am

Shot Put	5 th girls, 5 th boys
High Jump (East)	5 th girls, 5 th boys
High Jump (West)	4 th girls, 4 th boys

Lunch Break 11:30am-12:00pm

Field Events 12:00pm

Long Jump (South)	4 th girls, 4 th boys, 5 th girls, 5 th boys
Long Jump (North)	1 st , 2 nd , 3 rd
Softball Throw (West)	3 rd , 4 th girls, 4 th boys
Softball Throw (East)	1 st , 2 nd

Relays (following all field events)

50 Yard Shuttle Relay	Kindergarten, 1 st , 2 nd , 3 rd
75 Yard Shuttle Relay	4 th girls, 4 th boys
100 Yard Shuttle Relay	5 th girls, 5 th boys